

BOURNE END JUNIOR SPORTS CLUB – FOOTBALL SECTION

Affiliated to Berks & Bucks FA

Email: bejscfootball@gmail.com www.bejsc-football.co.uk

COVID-19 CODE OF BEHAVIOUR Version 5 (Updated 20-08-21- Roadmap Step 4)

On Monday 19 July, England moved to Step 4 of its roadmap in easing COVID-19 restrictions.

This means that almost all legal restrictions of social contact will be removed. **However, the Government is encouraging people to act with caution.**

Covid-19 is a highly infectious and dangerous disease. A continuation of contact play is only achievable if those involved create and maintain a controlled environment that minimises the threat of infection. Risk in sport cannot be completely eradicated but with caution and care these risks can be reduced.

Each player (parents/carers on their behalf) will need to decide whether to continue participating in contact football, based on their own circumstances and the arrangements that we have been put in place. This is particularly the case for players from BAME communities or those with underlying health conditions.

All those (U18's to be briefed by their parents/carers on this Code of Behaviour) who want to participate in grassroots football or attend training sessions and matches (parents/carers/spectators) must adhere to the following Covid-19 Code of behaviour:

Training Sessions and matches (Home and Away):

- Be responsible. Read the guidance (including the Club risk assessment) provided by the Club and The FA (can be viewed at www.bejsc-football.co.uk/covid-19/) so that you are aware of the changes to the game and what is expected of all participants.
- **All players, coaches, parents/carers, match officials and spectators must undertake a Covid-19 Self-Screening check prior to arrival at a training session or match to ensure they do not have any of the following Covid-19 symptoms (confirmed by parent/carer to confirm for those under age 18), as these are potential indicators of Covid-19 infection: -**
 - Had a high temperature (above 37.8o C);
 - Has shortness of breath or a sore throat;
 - Feeling generally unwell;
 - Been in close contact with/living with a suspected or confirmed case of Covid-19 in the previous two weeks;
 - Finally, are you or anyone in your household/bubble self-isolating whilst waiting for a test or test results for Covid-19?
 - Has developed a new continuous cough;
 - Loss of or change in normal sense of taste or smell;
 - Persistent tiredness;

If they have one or more of these symptoms (even if they are mild) they should NOT attend, stay at home and follow NHS guidance on testing and self-isolation.

- Support NHS Test and Trace - QR Codes:
While there is no legal requirement for the use of QR codes, Government is encouraging their continual use. The NHS QR Code poster will be displayed at the entrances to our venues that are used for training or home matches and we would encourage all those attending to use them.
- Travel - All participants may travel to games with no restrictions in place for domestic travel. Participants should be aware that travelling in cars is now permitted, however this does mean that they will likely be in close contact and should manage any risks linked to this. All participants should follow Government guidelines for safer travel.
- If a player gets injured, a member of their household can aid them but others will still need to socially distance unless a life or limb-threatening injury necessitates compromising guidelines to provide emergency care.
- As all legal restrictions of social contact have now been removed, we cannot control the social distancing of spectators, however, we would ask parents/carers and spectators to be cautious, maintaining social distancing and mask wearing were appropriate.
- The use of masks is now voluntary in all settings, with the Government advising people to use their personal judgement and to take responsibility, depending on the situation. Government advice is that the use of masks reduce risks to people (both to yourselves and those around you) in crowded spaces.
- Rubbish should be taken home.

Players are to adhere to the following guidance:

- Practise good hygiene. Wash/sanitise your hands regularly and before and after a training session and match;
- Use the toilet before leaving home;
- Arrive changed and in their kit;
- Bring their own water bottle, drink, hand sanitiser, sun cream and any medication (if any), which all should be clearly labelled with their name. These should not be shared with anyone else;
- Warm-ups/cool-downs should always observe social distancing;
- No spitting;
- No chewing gum;
- Should avoid shouting or raising their voices when facing each other at all times;
- Should use their own hand gel upon arrival, prior to the start and at the end of a session/match;
- Handling of the ball when it goes out of play (and during training sessions) should be kept to the minimum and hand sanitiser is made available to be used;
- Should avoid touching their faces at all times, especially during and after training sessions and matches;
- Substitutes and coaches are recommended to observe social distancing on the side lines;
- During set plays, players are encouraged to avoid unnecessarily long set-up or close marking.
- Goal celebrations should be limited to avoid unnecessary contact between players;
- Pre-match and post-match handshakes is the individual choice of a player;
- It's recommended that team huddles do not take place;
- Remember that during breaks in play that some players may prefer to observe social distancing, which should be respected;
- When the activity is finished, all participants should take the earliest opportunity to wash their hands or use a hand sanitiser.

Club Covid-19 Officer: - Bourne End Junior Sports Club Covid-19 Officer is Matt Todd who can be contacted by email matt@bejsc.co.uk or call 07801 133623. For any Covid-19 related concerns or queries, please contact Matt.

Club Welfare Officer: - In addition to the Covid-19 officer Manager/Coaches and parent/carers should be aware of the contact details for the Club Welfare Officer. For all safeguarding and child protection concerns, please contact either Liz Hutton (Main Club) by email liz@bejsc.co.uk or 07887 850324 or Ken Murphy (Football Section) by email bejscfootball@gmail.com or call 07952203729.

**PLEASE REMEMBER TO ACT WITH CAUTION, RESPECT OTHERS
AND MAINTAIN SOCIAL DISTANCING AND MASK WEARING, WHERE APPROPRIATE.**